



Sanctioned by:



37th Annual Gateway Invitational Competition

November 13-14, 2010

Deadline: Oct. 9, 2010

Hosted by: St. Louis Skating Club
Sanctioned by: United States Figure Skating

****All events will determine results using the US Figure Skating 6.0 System****

****Offering Competitive Test Track and Basic Skills Events****

For more information contact:

E-mail: GoldnSk8@aol.com
Web Site: www.stlouisskatingclub.org

To be held at:

**Brentwood Ice Arena
2505 S. Brentwood Blvd
St. Louis, MO 63144**

Gateway 2010 - Rules and Eligibility

The 2010 Gateway Invitational is a United States Figure Skating sanctioned, non-qualifying competition, and will be conducted under the rules of U.S. Figure Skating as set forth in the 2010 - 2011 Rulebook. Rule changes made at the May 2010 Governing Council will apply at this competition. Testing cut-off date for eligibility will be October 9, 2010. Skaters may skate up one level from their current test level except in the Restricted Free Skate event. The competition will start at 12:15 on Saturday, November 13, 2010

Judging System

The 6.0 judging system will be used for all events.

Test Track Program Event

These are RESTRICTED Free Skate events. Skaters may enter EITHER the Restricted Free Skate or Unrestricted Free Skate, but NOT both. Skaters will skate to music of their choice (vocals permitted through Intermediate FS). Deductions will be made for skaters including technical elements not permitted in the event descriptions.

Entry Form Deadline

All entry forms for the 2010 Gateway Invitational must be completed and postmarked by **Saturday, October 9, 2010**. Metered postage will not be acceptable. Any Application postmarked after October 9, 2010, will be considered a late entry and will be assessed a \$25.00 late fee **OR** may not be accepted.

Entries should be mailed to:

Gateway Invitational
ATTN: Victoria Kelly
P.O. Box 410916
Creve Coeur, MO 63141

Entry Fees

First Event: \$65.00
Basic Program Event: \$35.00
Each Additional Event: \$25.00
Synchronized Team: \$100/team + \$10/skater
Synchronized Team Beginner: \$75/team + \$5/skater

Entry fees must accompany the completed and signed application

**A \$25.00 service charge will be applied for returned checks.

**A late fee of \$25.00 will be assessed for ALL entries accepted postmarked after October 9, 2010

Refunds

Entry fees are refundable only if the competition is not held, or if withdrawal of an entry is made before October 1, 2010 unless the competitor can demonstrate that failure to participate is due to a medical condition that a physician certifies. If there is only one entry in an event, the skater will be contacted. Skaters electing not to skate will receive a refund. Skaters electing to perform and receive a judges' critique must pay the entry fee.

Facilities

Events will be skated at the Brentwood Ice Arena: 2505 S. Brentwood Blvd, Brentwood, MO 63144.
Ice surface is 85' x 200' with rounded corners.

Practice Ice

No practice ice will be available through the competition. Practice sessions may be available on Friday afternoon and evening at the Brentwood ice rink. Call (314)963-8689 for more information, or visit www.brentwoodmo.org.

Music

****Per the 2009 Governing Council Rule changes, vocal music is now permitted for ALL events using the 6.0 system of judging.**** Therefore, ALL events at the Gateway Invitational will allow vocals. Competitors must provide their music on Compact Disc (CD). CD should be of good quality with only one piece of music per disc. Clearly mark the skater's name and event on the disc. A duplicate disc should be available at rink side during the competition. Skaters are responsible for picking up their discs at the arena check-in desk after your event.

Registration Desk

The Registration Desk is located in the main lobby and will be open approximately 1 hour prior to the start of the competition each day and will remain open throughout the competition. Skaters must check in at least 1 hour prior to the start of their event warm-up. Changes to the schedule will be announced and posted at the rink.

Awards

Awards will be presented to the top **four** placements in each group/flight.

Credentials

Credentials will only be issued to coaches who are listed on the applicant's registration form. Coaches must be members in good standing with U.S. Figure Skating and be both U.S. Figure Skating Coach Registration and CER Category A or B compliant. Any coaches who are not compliant or listed on the entry registration forms will NOT receive a credential. Credentials are REQUIRED to be at the doorway or to put a skater on the ice.

BASIC PROGRAM EVENT: Snowplow Sam - Basic 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

LEVEL	REQUIREMENT	TIME
Snowplow Sam (Tots)	<ol style="list-style-type: none"> 1. March followed by a 2 foot glide and dip 2. Forward 2 foot swizzles (2-3 in a row) 3. Backward wiggles (2-6 in a row) 4. Forward snow plow stop. 	1:00 +/- 10 sec.
Basic 1	<ol style="list-style-type: none"> 1. Forward 2 foot glide and dip 2. Forward 2 foot swizzles (6-8 in a row) 3. Backward wiggles (6-8 in a row) 4. Forward snowplow stop. 	1:00 +/- 10 sec.
Basic 2	<ol style="list-style-type: none"> 1. Forward one foot glide (either foot) 2. Two foot turn in place (forward to backward) 3. Backward two foot swizzles (6-8 in a row) 4. Forward alternating 1/2 swizzle pumps (in a straight line. - 2-3 each foot) 5. Moving snowplow stop. 	1:00 +/- 10 sec.
Basic 3	<ol style="list-style-type: none"> 1. Forward stroking 2. Forward 1/2 swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Backward one foot glide – either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions 	1:00 +/- 10 sec.
Basic 4	<ol style="list-style-type: none"> 1. Forward crossovers 4-6 consecutive both directions 2. Standstill forward outside three- turn - R & L 3. Backward stroking - 4-6 strokes 4. Backward snowplow stop - R or L 	1:00 +/- 10 sec.
Basic 5	<ol style="list-style-type: none"> 1. Backward crossovers 4-6 consecutive in both directions 2. Basic one-foot spin – free leg held to side of spinning leg - minimum three revolutions 3. Side toe hop -either direction 4. Hockey stop 	1:00 +/- 10 sec.
Basic 6	<ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L 	1:00 +/- 10 sec.
Basic 7	<ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump- either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot 	1:00 +/- 10 sec.
Basic 8	<ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka in either direction 4. 1 Combination cross move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions 	1:00 +/- 10 sec.

WELL-BALANCED PROGRAM EVENT

Groups will be divided according to test level and age. Skaters may skate up one level higher than tested. Masters event is open to skaters' 21 years of age and older who have passed the Intermediate, Novice, Junior or Senior Free Skating tests. Adult events are open to skaters' 21 years of age and older.

LEVEL	REQUIREMENT	TIME
Pre- Preliminary	Passed Pre-Pre FS test. No age limit. Axel allowed. No double jumps permitted per Rule 3711.	1:30 +/- 10 sec.
Preliminary	Passed Preliminary FS test. Axel, plus only 2 diff double jumps attempted. No double lutz or double flip permitted. See Rule 3700.	1:30 +/- 10 sec.
Pre-Juvenile	Passed Pre-Juvenile FS test. Axel, plus up to 3 different double jumps permitted per Rule 3690.	2:00 +/- 10 sec.
Juvenile	Passed Juvenile FS test . Under 13 years of age as of Sept. 1, 2010 Required elements as stated in Rule 3680-3681	2:15 +/- 10 sec.
Open Juvenile	Passed Juvenile FS test. Must be at least 13 years of age as of Sept. 1, 2010. Required elements as stated in Rule 3681.	2:15 +/- 10 sec.
Intermediate	Passed Intermediate FS test. Must be 17 years of age or younger as of Sept. 1, 2010. Intermediate Free Skate required elements as stated in Rule 3670-3672.	2:30 +/- 10 sec.
Novice	Passed Novice FS test. Novice Free Skate required elements as stated in Rule 3660-3663.	3:00 +/- 10 sec
Junior	Passed Junior FS test. Required elements as stated in Rule 3650-3653.	3:30 +/- 10 sec
Senior	Passed Senior FS test. Required elements as stated in Rule 3640-3643.	4:00 +/- 10 sec

SHORT PROGRAM

Test and age requirements are the same as listed under Free Skating.

LEVEL	REQUIREMENT	TIME
Intermediate	Required elements as stated in Short Program Rule 3670-3672.	2:00 Max
Novice	Required elements as stated in Short Program Rule 3660-3663.	2:30 Max
Junior	Required elements as stated in Short Program Rule 3650-3652.	2:50 Max
Senior	Required elements as stated in Short Program Rule 3640-3642.	2:50 Max

ADULT FREE SKATE

Must be 21 or older as of September 1, 2010.

LEVEL	REQUIREMENT	TIME
Adult Pre-Bronze	Passed Adult Pre-Bronze or Pre-Pre FS test. 1/2 jumps and single jumps only. No axels or double jumps. See 3805 for rules.	1:40 Max
Adult Bronze	Passed Adult Pre-Bronze or Bronze FS test. Single jumps only, but no Axels or double jumps Required elements as stated in 3730.	1:50 Max
Adult Silver	Passed Juvenile or Adult Silver FS test. Single jumps only, Axels permitted, but no double jumps Required elements as stated in 3730.	2:10 Max
Adult Gold	Passed Intermediate or Adult Gold FS test. Axel, double toe loop and double salchow permitted. Required elements as stated in 3730.	2: 40 Max

Test Track Program Event

Skaters may enter EITHER test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music allowed.

Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	REQUIREMENT	TIME
Limited Beginner	1/2 revolution jumps. Two upright spins, no change of foot (min 3 revs). Jump sequences are allowed. Max. 5 jump elements. Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills badge tests.	1:30 +/- 10 sec.
Beginner	Two upright spins, change of foot optional (min 3 revs), 1/2 revolution jumps, salchow, toe loop. Combination jumps /jump sequences are allowed. Max. 5 jump elements. Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed higher than U.S. Figure Skating Basic Skills badge tests.	1:30 +/- 10 sec.
Pre- Preliminary Test	Jumps with not more than one-half rotation (front to back or back to front including half-loop.) Single rotation jumps: Salchow, toe loop, and loop only. Jump combinations and sequences with the above jumps are allowed. Maximum 5 jump elements. Two spins on one position only of a different nature, no change of foot. (min 3 revolutions and no flying spins.) Connecting moves and steps should be demonstrated throughout the program.	1:30 +/- 10 sec
Preliminary Test	Two spins of a different nature, combination spins allowed (min 3 revs each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations / sequences are allowed Max. 5 jump elements. Connecting moves and steps should be demonstrated throughout the program. Skaters must have passed at least Pre – Preliminary Free Skate test, but no higher than Preliminary FS.	1:30 +/- 10 sec
Pre-Juvenile Test	Three spins in any position (min 4 revs), 1 must be a combination spin with change of foot optional (min 3 revs ea foot or 6 total revs , no flying spins). Jumps with not more than 1 rotation (no Axels). Jump combinations/ sequences are allowed. Max. 6 jumping elements. One step seq.; straightline, serpentine, or circular fully utilizing ice surface. Skaters must have passed at least Preliminary Free Skate test, but no higher than Pre-Juvenile FS.	2:00 +/- 10 sec
Juvenile Test	Three spins in any position (min 4 revs), one must be a combination spin with one change of foot (min 4 revs each foot). May include flying spins. Any single jumps and jump combinations with not more than 1 1/2 rotations (Axel permitted). Max. 6 jumping elements. One step seq.; straightline, serpentine, or circular fully utilizing ice. Skaters must have passed at least Pre- Juvenile Free Skate test, but no higher than Juvenile FS.	2:15 +/- 10 sec
Intermediate Test	Three spins in any position (min 4 revs), one must be a combination spin with at least one change of foot (min 4 revs on each foot). May include flying spins. Any single jumps. Double jumps may only be the double salchow and the double toe loop. Jump combinations/sequences allowed. Max. 6 jumping elements. One step seq.; straightline, serpentine, or circular, fully utilizing the ice surface. Skaters must have passed at least Juvenile Free Skate test, but no higher than Intermediate Free Skate.	2:30 +/- 10 sec
Novice Test	Three spins in any position (min 6 revs) one must be a combination spin with at least one change of foot (min 5 revs on each foot). May include flying spins. Any single jumps. Double jumps may only be the double salchow, double toe loop and the double loop. Jump combinations / sequences allowed. Maximum 7 jumping elements. One step or spiral sequence. (See Rule 3660 for description). Skaters must have passed at least Intermediate Free Skate test, but no higher than Novice Free Skate.	Ladies: 3:00 +/- 10 sec Men: 3:30 +/- 10 sec
Junior Test	Three spins - one must be a flying spin, a solo spin (min 6 revs ea), and a combination spin consisting of all 3 positions and 1 change of foot (min 5 revs on ea foot and 2 in ea position). Double jumps may only be the double salchow, double toe loop, double loop and double flip. Jump combinations/sequences allowed. Max. 8 jumping elements for men and 7 for ladies. Men: one step sequence. Ladies: One step sequence (See Rule 3650 for description.) Skaters must have passed at least the Novice Free Skate test, but no higher than the Junior Free Skate test.	Ladies: 3:30 +/- 10 sec Men: 4:00 +/- 10 sec
Senior Test	Four spins (min 6 revs on all solo spins), one must be a flying spin, one solo spin, one spin combination consisting of all 3 positions and 1 change of foot (minimum 5 revs on ea foot and 2 in ea position). At least 4 different double jumps. One must be a double lutz. Jump combinations/ sequences allowed. Max. 8 jumping elements for men and 7 for ladies. Men: Two different step sequences. Ladies: One step seq. and one spiral seq. (See Rule 3640 for description.) Skaters must have passed at least the Junior Free Skate test.	Ladies: 4:00 +/- 10 sec Men: 4:30 +/- 10 sec

SPINS

Age and test requirements are the same as Unrestricted Free Skate events. Skaters may skate up one level from their test level. All levels will be skated on half ice and without music. Spins shall be skated in a **SIMPLE PROGRAM** with no jumps of any kind and no extra or repeated elements. Connecting moves and short sequences of footwork may be used between spins and will not be judged. Spins must be skated exactly as stated, but may be skated in any order.

LEVEL	REQUIREMENT	TIME
Basic Skills (Basic 1-8)	<ol style="list-style-type: none"> 1. Two foot spin (min 2 revs) 2. Forward one foot spin (min 2 revs) 3. Forward pivot (either foot) 	1:00 or less
Ltd Beginner/ Beginner	<ol style="list-style-type: none"> 1. Two foot spin (min 3 revs) 2. Forward one foot spin (min 3 revs) 3. Sit spin (min 3 revs) 	1:00 or less
Pre-Preliminary	<ol style="list-style-type: none"> 1. Forward Scratch Spin (min 3 revs) 2. Camel Spin (min 3 revs) 3. Backward One foot Spin (min 3 revs) 	1:00 or less
Preliminary	<ol style="list-style-type: none"> 1. Forward Scratch Spin (min 5 revs) 2. Backward one foot spin (min 3 revs) 3. Combination spin of choice - minimum 2 changes of position or foot (min 3 revs) 	1:00 or less
Pre-Juvenile/ Open Pre-Juvenile	<ol style="list-style-type: none"> 1. Camel Spin (min 3 revs) 2. Camel Spin to Sit Spin (no change of foot; 6 revs total) 3. Front Scratch to Back Scratch Spin-exit on spinning foot (4 revs min on each foot) 	1:15 or less
Juvenile/ Open Juvenile	<ol style="list-style-type: none"> 1. Attitude or Layback Spin (girls); Forward Camel Spin (boys) - (min 4 revs) 2. Sit change Sit Spin (min 4 revs) 3. Camel change Sit Spin (min 4 revs on each foot) 	1:15 or less
Intermediate/ Novice	<ol style="list-style-type: none"> 1. Flying Camel Spin (min 4 revs) 2. Combination Spin with 1 change foot and 2 changes of position (min 5 revs each foot) 3. Layback SPin (ladies); Crossfoot Spin (men) - (min 5 revs) 	1:30 or less
Junior/ Senior	<ol style="list-style-type: none"> 1. Flying Spin of Skater's choice (min 6 revs) 2. Layback SPin (ladies); Crossfoot Spin (men) - (min 6 revs) 3. Combination Spin with 3 positions and 1 change of foot (min 6 revs on each foot) 	1:30 or less
Adult Pre-Bronze/ Bronze	<ol style="list-style-type: none"> 1. One foot upright spin (min 3 revs) 2. Back upright spin (min 3 revs) 3. Sit SPin (min 3 revs) 	1:15 or less
Adult Silver/ Gold	<ol style="list-style-type: none"> 1. Sit Spin (min 4 revs) 2. Camel SPin (min 4 revs) 3. Combination Spin with 1 change of foot and 1 change of position 	1:30 or less

JUMPS

There will be no music played for this event. Entrants will qualify according to their Free Skating Level. Basic Skills through Juvenile will skate on half ice, Intermediate through Senior on full ice. Jumps should be skated exactly as stated and in this order. Skaters will be given two opportunities to perform each jump with the better of the two jumps being judged. **This is not a "mini-program"**. Only the stroking and edges necessary to prepare for the jump will be allowed. Extra moves, such as spirals, pivots, etc. will be penalized.

LEVEL	REQUIREMENT	TIME
Basic Skills	1. Ballet Jump 2. Waltz Jump	1:00 or less
Beginner/ Pre-Preliminary	1. Toe loop 2. Single/Single combination (no axel)	1:00 or less
Preliminary	1. Flip Jump 2. Single/Single Combination (axel permitted)	1:00 or less
Pre-Juvenile/ Open Pre-Juvenile	1. Lutz Jump 2. Flip/Loop OR Lutz/Loop Combination	1:00 or less
Juvenile/ Open Juvenile	1. Axel jump 2. Combination of any Double and Single Jump (Double axel not permitted)	1:00 or less
Intermediate/Novice	1. Double Loop Jump 2. Combination of any Double/Single Jump OR Double/Double Jump	1:30 or less
Junior/ Senior	1. Double OR Triple Toe Loop 2. Combination of any Double/Double Jump OR Triple/Double Jump	1:30 or less
Adult Pre-Bronze/ Bronze	1. Salchow Jump 2. Combination of any single jump/toe loop (axel not permitted)	1:00 or less
Adult Silver/ Gold	1. Loop Jump 2. Combination Jump of any two single jumps	1:00 or less

BASIC ELEMENTS EVENT : Snowplow Sam - Basic 8

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater. To be skated on 1/2 ice.

- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

<p>Snowplow Sam:</p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p>Basic 5:</p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 4-6 consecutive - both directions 3. Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions 4. Side toe hop -either direction 5. Hockey stop
<p>Basic 1</p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6-8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p>Basic 6:</p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p>Basic 2</p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 3. Two foot turn in place- forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop 	<p>Basic 7:</p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p>Basic 3</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Backward one foot glide - either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions 	<p>Basic 8:</p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka - either direction 4. 1 Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions
<p>Basic 4</p> <ol style="list-style-type: none"> 1. Standstill forward outside three-turn - R & L 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 4-6 consecutive both directions 4. Backward stroking - 4-6 strokes 5. Backward snowplow stop - R or L 	

Compulsory Event

Age and test level are the same as listed un Well-Balnced Free Skate. Skaters may skate up one level from their test level. Limited Beginner through Pre-Juvebile events will be skated on 1/2 ice. Adult Bronze and Silver/GOLD will be skated on 1/2 ice. Juvenile and Open Juvenile will be skated on full ice. There will be no music. Time stated is the maximum time that must not be exceeded. Moves but be skated exactly as stated, but may be done in any order. An axel is considered a single jump. Connecting steps should be kept to a minimum and are not judged.

LEVEL	REQUIREMENT	TIME
Limited Beginner/ Beginner	<ol style="list-style-type: none"> 1. Waltz Jump 2. 1/2 Lutz Jump 3. Forward Spiral 4. One foot upright spin (optional free leg) 	1:00 Max
Pre-Preliminary	<ol style="list-style-type: none"> 1. Salchow Jump 2. Combination Jump with 2 single jumps (no axel) 3. Backward Upright Spin (min 3 revs) 4. Forward Outside Spiral 	1:15 Max
Preliminary	<ol style="list-style-type: none"> 1. Flip Jump 2. Forward Inside Spiral 3. Sit Spin (min 3 revs) 4. Combination Jump of any two single jumps (Axel permitted) 	1:15 Max
Pre- Juvenile/ Open Pre-Juvenile	<ol style="list-style-type: none"> 1. Lutz Jump 2. Combination jump consisting of 2 single jumps one of which is a loop 3. Camel Spin 4. Forward Scratch to Backward Scratch Spin (exit on Spinning foot) 5. Spiral, Ina Bauer, or Spread Eagle 	1:30 Max

Compulsory Event (con't)		
Juvenile/ Open Juvenile	<ol style="list-style-type: none"> 1. Axel Jump 2. Sit change Sit Spin (min 6 revs total) 3. Flying Camel Spin (min 4 revs) 4. Single/Single or Double/Single Jump Combination 	1:30 Max (Full Ice)
Adult Pre-Bronze/ Bronze	<ol style="list-style-type: none"> 1. Loop Jump 2. Salchow Jump 3. Sit SPin (min 3 revs) 4. Waltz jump/ toe loop combination 	1:15 Max
Adult Silver/ Gold	<ol style="list-style-type: none"> 1. Loop Jump 2. Flip Jump 3. Combination spin with 1 change of position (change of foot optional) 4. Combination Jump with 2 different single jumps (Axel permitted) 	1:15 Max

ARTISTIC EVENT		
<p>Test level and age is the same as listed under Unrestricted Free Skating. The Artistic event is skated to music of the skater's choice. Vocals permitted. Programs should be designed to entertain and/or move the audience emotionally. Judging will emphasize artistry, entertaining quality and originality. Hand held props only. Nothing may be placed on the ice. 3 jump maximum for all levels.</p>		
EVENT	REQUIREMENT	TIME
Basic 1-8	Elements only from Basic 1-8 curriculum (skaters may not have passed any higher than Basic 8 level.)	1:00 Max
Ltd Beginner/Beginner	Only 1/2 revolution jumps plus Salchow and toe loop permitted.	1:30 Max
Pre-Preliminary/ Preliminary	Up to full rotation jumps permitted. No axels or double jumps.	1:30 Max
Pre-Juvenile/ Open Pre-Juvenile	Up to full rotation jumps permitted. Axel permitted. No double jumps.	1:30 Max
Juvenile/ Open Juvenile	Axel plus up to 2 different double jumps permitted.	2:00 Max
Intermediate/ Novice	Maximum of three jumps – no triple jumps allowed.	2:30 Max
Junior/ Senior	Maximum of three jumps – no triple jumps allowed.	2:30 Max
Masters Interpretive	Open to skaters eligible for Masters novice, junior, and senior and Adult Gold Free Skating. No Axels or double jumps permitted.	1:40 Max
Adult Interpretive	Open to skater eligible for Adult Silver and Bronze Free Skating. Up to full rotation jumps permitted. No axels permitted.	1:40 Max

SOLO DANCE		
LEVEL	ELIGIBILITY	DANCES
Preliminary	Cannot have passed all Preliminary dances.	Canasta Tango, Rhythm Blues
Pre-Bronze	No more than 2 Bronze dances passed.	Swing Dance, Cha Cha
Bronze	No more than 2 Pre-silver dances passed.	Willow Waltz, Hickory Hoedown
Pre-Silver	No more than 2 Silver Dances passed.	Fourteen Step, Foxtrot
Silver	No more than 2 Pre-Gold Dances passed.	American Waltz, Rocker Foxtrot
Pre-Gold	No more than 2 Gold Dances passed.	Kilian, Starlight Waltz
Gold	All Gold Dances passed.	Viennese Waltz, Quickstep

SYNCHRONIZED FREE SKATING		
LEVEL	RESTRICTIONS	TIME
Basic Skills Beginner 1*	Team of 8-16 skaters. The majority of the team must be under 9 on the preceding July 1. Must include: 1 circle with a 2 foot turn and a forward inside and/or forward outside edge glide; 1 line that covers the ice with only forward skating skills; 1 block that covers the ice with only 1 configuration; 1 wheel (4 spoke with backward pumps); 1 intersection (2 lines facing ea. Other with a forward 2 foot glide at intersection. No additional elements allowed. Only shoulder to shoulder and/or hand to hand holds. No traveling or direction changes within elements. No steps in Basic 6 or higher.	1:30 - 2:00 +/- 10 sec
Basic Skills Beginner 2*	Team of 8-16 skaters. The majority of the team must be 9-11 years old on the preceding July 1. Must include: 1 circle with the combination move from Basic 8; 1 line that covers the ice with forward and backward skating skills; 1 block that covers the ice with 1 or 2 configurations; 1 wheel of choice with backward pumps; 1 intersection (2 lines facing each other with forward 2 foot or 1 foot glides at intersection. No additional elements allowed. Only shoulder to shoulder and/or hand to hand holds. No traveling or direction changes within elements. No steps in Free Skate 2 or higher.	1:30 - 2:00 +/- 10 sec
Basic Skills Beginner 3	Team of 8-16 skaters. The majority of the team must be at least 12 years old on the preceding July 1. Must include: 1 circle with the combination move from Basic 8; 1 line that covers the ice with forward and backward skating skills; 1 block that covers the ice with 2 or 3 configurations; 1 wheel of choice; 1 intersection (2 lines facing each other with forward 1 foot or forward lunge at intersection. No traveling or direction changes within elements.	2:00 – 2:30 +/- 10 sec
Preliminary	Team of 8-16 skaters. Skaters must be under the age of 12 with the majority of the skaters under the age of 10 on the preceding July 1. Program as per 2010/2011 Competition Rules. 4710 -4711	2:00 +/- 10 sec
Pre-Juvenile	Team of 8-12 skaters. Majority of the team must be under the age of 12 on the preceding July 1. Program as per 2010/2011 Competition Rules. 4760	2:00 +/- 10 sec
Juvenile	Team of 12-20 skaters. Skaters must be under the age of 13 as of July 1 and have passed the preliminary moves test. Program as per 2010/2011 Competition Rules. 4700-4701	3:00 +/- 10 sec
Open Juvenile	Team of 8-12 skaters. Majority of the team must be under the age of 19 as of July 1. All skaters must have passed the pre-preliminary moves test. Program as per 2010/2011 Competition Rules. 4770-4771	2:30 +/- 10 sec
Intermediate	Team of 12-20 skaters. Skaters must be under 18 years of age as of July 1 and have passed the pre-juvenile moves test. Program as per 2010/2011 Competition Rules. 4690-4691	3:30 +/- 10 sec
Novice	Team of 12-20 skaters. Skaters must be under 16 years of age as of July 1, with the exception that a max. of 4 skaters may be 16 or 17. Skaters must have passed the juvenile moves test. Program as per 2010/2011 Competition Rules. 4680-4681	3:30 +/- 10 sec
Junior	Team of 12-16 skaters. Skaters must be 12 years of age and not older than 19 years of age as of July 1. Skaters must have passed the intermediate moves test. Program as per 2010/2011 Competition Rules. 4670.	4:00 +/- 10 sec
Open Adult	Team of 8-12 skaters. Majority of team must be 19 years of age or older as of July 1, 2010. Program as per 2010/2011 Competition Rules. 4780.	2:30 +/- 10 sec
Adult	Team of 12-20 skaters. Skaters must be at least 21 and the majority of the team must be at least 25 on the preceding July 1. All skaters must have passed either the preliminary moves test, the adult bronze moves test, the preliminary figure test, or the preliminary dance test. Program as per 2010/2011 Competition Rules. 4730 - 4731	3:30 +/- 10 sec

****If there are not enough entries, Beginner 1 and Beginner 2 can be combined, at the discretion of the chief referee ****
****Moves in the field test requirements must be met by the entry deadline of October 9, 2010****

Crossover Rules:

No team may be comprised of more than 50% of athletes that are also on any other team. This applies to both the entire roster and the athletes that are skating on the ice at any given competition.

37th Annual
Gateway Invitational
 November 13 - 14, 2010

REGISTRATION FORM

Skater's Name:	Sex: M F	DOB:	Age:
Address:			Phone: ()
E-Mail:			
Home Club:	USFS #:	EXP Date:	
Highest Test Passed:	FS:	Dance:	
Coach's Name:		Coach's Phone:	
Coach's E-mail:		Coach's Signature:	

Please Circle Events You Wish to Enter

WELL-BALANCED PROGRAM	TEST TRACK PROGRAM	SHORT PROGRAM	ADULT FREE SKATE	ARTISTIC EVENT
PRE-PRELIMINARY PRELIMINARY PRE-JUVENILE OPEN PRE-JUVENILE JUVENILE OPEN JUVENILE INTERMEDIATE NOVICE JUNIOR SENIOR	LIMITED BEGINNER BEGINNER PRE-PRELIMINARY PRELIMINARY PRE-JUVENILE OPEN PRE-JUVENILE JUVENILE OPEN JUVENILE INTERMEDIATE NOVICE JUNIOR SENIOR	INTERMEDIATE NOVICE JUNIOR SENIOR	PRE-BRONZE BRONZE SILVER GOLD	LIMITED BEGINNER/BEGINNER PRE-PRELIMINARY/PRELIMINARY PRE-JUVENILE/ OPEN PRE-JUVENILE JUVENILE/ OPEN JUVENILE INTERMEDIATE/ NOVICE JUNIOR/ SENIOR

SPINS	COMPULSORIES	JUMPS	SOLO DANCE
LIMITED BEGINNER/ BEGINNER PRE-PRELIMINARY PRELIMINARY PRE-JUVENILE/ OPEN PRE-JUVENILE JUVENILE/ OPEN JUVENILE INTERMEDIATE/ NOVICE JUNIOR/ SENIOR	LIMITED BEGINNER/ BEGINNER PRE-PRELIMINARY PRELIMINARY PRE-JUVENILE OPEN PRE-JUVENILE JUVENILE OPEN JUVENILE ADULT PRE-BRONZE/ BRONZE ADULT SILVER/ GOLD	LIMITED BEGINNER/BEGINNER PRE-PRELIMINARY PRELIMINARY PRE-JUVENILE/ OPEN PRE-JUVENILE JUVENILE/ OPEN JUVENILE INTERMEDIATE/ NOVICE JUNIOR/ SENIOR	PRELIMINARY PRE-BRONZE BRONZE PRE-SILVER SILVER PRE-GOLD GOLD

First Event (Including Test Track Events)	\$65.00	\$65.00
Each Additional Event	_____ @ \$25 ea	
Late Entry Fee (if postmarked after 10/9/2010)	\$25.00	
	TOTAL DUE:	

Make all checks payable to **Gateway Invitational**, OR charge your entry:

Mastercard or Visa #	
EXP Date:	3 Digt Security Code:
Name on Card:	

I certify that this skater is a member in good standing with our club and is eligible to enter the above events.

CLUB OFFICER: _____ TITLE: _____

I am eligible under the rules of the United States Figure Skating Association to enter the above events. I agree to hold harmless U.S. Figure Skating, the St. Louis Skating Club, and the Brentwood Ice Arena from any and all loss, damage, and/or injury that may be sustained in any manner while participating in any activities of this competition.

Competitor Name (print) _____ Competitor Signature _____

If competitor is minor
 Parent or Guardian (print) _____ Parent or Guardian Signature _____

Please Mail completed Entry form with Payment to:

Gateway Invitational
 ATTN: Victoria Kelly
 P.O. Box 410916
 Creve Coeur, MO 63141

37th Annual
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BASIC SKILLS - REGISTRATION FORM

Skater's Name:	Sex: M F	DOB:	Age:
Address:			Phone: ()
E-Mail:			
Home Club:	USFS #:	EXP Date:	
Highest Test Passed:			
Coach's Name:		Coach's Phone:	
Coach's E-mail:		Coach's Signature:	

Please check the events you wish to enter

Payment

Basic Program:	Basic Elements:	___ SPINS		First Event	\$35.00
___ Snowplow	___ Snowplow			Each Additional Event	___ @ \$25/ea
___ BASIC 1	___ BASIC 1	___ ARTISTIC		Late Fee \$25.00	
___ BASIC 2	___ BASIC 2			Total Due:	
___ BASIC 3	___ BASIC 3	___ JUMPS			
___ BASIC 4	___ BASIC 4				
___ BASIC 5	___ BASIC 5				
___ BASIC 6	___ BASIC 6				
___ BASIC 7	___ BASIC 7				
___ BASIC 8	___ BASIC 8				

Make all checks payable to **Gateway Invitational**, OR charge your entry:

Mastercard or Visa #	
EXP Date:	3 Dlgit Security Code:
Name on Card:	

I certify that this skater is a member in good standing with our club and is eligible to enter the above events.

CLUB OFFICER: _____ TITLE: _____

I am eligible under the rules of the United States Figure Skating Association to enter the above events. I agree to hold harmless U.S. Figure Skating, the St. Louis Skating Club, and the Brentwood Ice Arena from any and all loss, damage, and/or injury that may be sustained in any manner while participating in any activities of this competition.

Competitor Name (print) _____ Competitor Signature _____

If competitor is minor
 Parent or Guardian (print) _____ Parent or Guardian Signature _____

Please Mail completed Entry form with Payment to:

Gateway Invitational
 ATTN: Victoria Kelly
 P.O. Box 410916
 Creve Coeur, MO 63141

37th Annual
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SYNCHRONIZED SKATING - REGISTRATION FORM

Team Name:	Level:	Club:
Coach:		Coach's Signature:

Skater (Last Name), (First Name) In alphabetical order	Skater signature or parent / guardian (if skater is under 18)	DOB	USFS #	Highest MIF Test
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
Alt 1.				
Alt 2.				
Alt 3.				
Alt 4.				

Synchronized Team: \$100/team + \$10/skater Synchronized Team Beginner: \$75/team + \$5/skater

TOTAL DUE: \$ _____

Make all checks payable to **Gateway Invitational**, OR charge your entry:

Mastercard or Visa #	
EXP Date:	3 Digit Security Code:
Name on Card:	

I certify that this team is a member in good standing with our club and is eligible to enter the above events. All of the skaters listed on the team entry form are to the best of my knowledge, eligible members in good standing and eligible to compete under U.S. Figure Skating or Skate Canada rules. I agree to hold harmless the USFS, the St. Louis Skating Club, and the Brentwood Ice Arena from any and all loss, damage, and/or injury that may be sustained in any manner while participating in any activities of this competition.

CLUB OFFICER: _____ TITLE: _____

Please Mail completed Entry form with Payment to:
 Gateway Invitational
 ATTN: Victoria Kelly
 P.O. Box 410916
 Creve Coeur, MO 63141